

MAY 2004 \$3.20 (INCL GST)

The Singapore Women's Weekly

WIN!
\$5,000 HOLIDAY
TO HONG KONG

For women who want it all

“My father-in-law
MOLESTED
our maid”

How to handle
BACKSTABBING at work

Be Your Own
Interior Decorator
Easy ways to get professional
results and save thousands

“My menses nearly
What's normal **killed me**
with periods...
and what's not

If your Health Series book from *The Weekly*
is missing, see your news vendor

• Sandy Lam's First Cookbook In Shanghai
• Get Fresh With Lime Recipes



Beauty Tricks for Busy Women

**SAMMI
CHENG**
Is love hurting
her health?

**You+Jeans
= Sexy**
The ultimate guide
to your best jeans



If your Marks & Spencer
15% discount card is missing
see your news vendor

How Freezing Their Toys Can
Make Your Kids More Healthy

Going Out, Staying In

Your guide to this month's movie,
VCD and cable releases



VAN HELSING
Opens May 7
in cinemas
Van Helsing (Hugh
Jackman), a monster
hunter in the 19th
Century, goes to an
Eastern European land
to vanquish evil. Also
stars Kate Beckinsale.

SHREK 2
Opens May 21
in cinemas

Fiona's parents
invite Shrek and her
for dinner, and are
shocked to discover
that Fiona is now an ogre. Featuring the
voices of Mike Myers, Eddie Murphy,
Cameron Diaz and Julie Andrews.



HOMERUN
DVD release, available
at major CD stores
Ah Kun participates
in a race to win a pair
of shoes for his sister
Seow Fang (Megan
Zheng – Best Newcomer, Golden Horse
Awards 2003) whose shoes he lost.

**DRIVEN TO
SUCCEED**

VCD release, available
at major CD stores
The true-life story of
how Martha Stewart
built her billion-dollar homemaker
empire from scratch only to lose it all to
an insider trading scandal.



ADOPTION
Premieres May 5 at
10.35 pm on Hallmark,
StarHub CableTV Ch 17
Hosted by Jane
Seymour, this series
explores the issues
foster-parents-to-be face as they
prepare for adopted children.

check it out

GREAT IDEAS TO SAVE YOU TIME, EFFORT AND MONEY



Restaurant Review

BIG O
#02-04/05 Wheelock Place,
Tel: 6737 8472
A cheery ambience and animal
images on the walls make Big O
(sister restaurant of n.y.d.c.) a
great place for pet lovers. Food
comes in good portions and is
yummy. Pasta lovers must try
Roasted Chicken Ravioli and
Linguini Pasta With Crab Meat.
Other dishes to try are the
Big O Stew with chunks of
tender beef, potatoes and
mushrooms; and the pan-fried
cod fish with vegetables. Kids
can have sandwiches, fish and
chips, and pasta at \$6 each.
Prices for adult-size
dishes start at \$13.95.

Dining

- Ideal for entertaining
- Family fun
- Perfect gift
- For a romantic time
- Good for the heart
- Easy on the pocket
- One for the kids

ONE-FOR-ONE BUFFET
Enjoy a special one-for-one
buffet at The Oriental's
Captain's Bar. For \$28, two
guests can savour Kadhai
Jhinga (tiger prawns cooked
in tomato and black pepper
marsala) and other delicious
authentic North Indian dishes.
Call 6885 3084.



SUNDAY CHAMPAGNE BRUNCH

A mouth-watering buffet for Mum
and Dad, and a yummy kids' menu – that's
what you get for Sunday Champagne
Brunch at The Regent Singapore's
Capers. From noon to 3.30 pm, you can
feast on an array of dishes like smoked



beef with
caramelised
shallots and
dim sum.
At \$59 (adult)
and \$31
(kids under
12). Call
6739 3019.



LAZY AFTERNOON DELIGHT

Lazy Gourmet
Deli is the best
place to people-
watch over a
cuppa. Located
on the slope of
Claymore Hill,
this refurbished
retail shop now has dining sections for
a quick bite – salads, pastas, soups
sandwiches or pastries priced from \$8
to \$12. It's perfect for a weekend
afternoon. No reservations needed.